



TBH “BEAT THE CLOCK” HANDOUT

SUGGESTED GAMES

Here are some games you can try on your own to keep training your brain against the clock!

BOARD GAMES

Available at your local toy store or to order online.

Boggle. This classic game is a timed word search that can be played together or on one’s own.

Zip It. A TBH favorite, play this game by creating a grid of words using the dice in your hand.

Pictionary. This game challenges players to test their visual skills against the clock.

Taboo. Teammates guess as many phrases or words on the Taboo cards, without saying any of the “forbidden” words listed, before time runs out.

Scattergories. A twist on Concentration, players come up with as many words in a category beginning with the letter rolled on a 20-sided die.

Set. Another TBH favorite that promotes not only attention and speed but also executive reasoning and problem-solving skills.

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APP-BASED GAMES

Available on the App or Play store, or through your cellular provider, usually for a nominal monthly fee.

Candy Crush. Match three or more candies of the same color against the clock to score points.

Words with Friends. Find words in the puzzle grid against the clock. Challenge friends to play against you, or play in competitions on the app.

SongPop. Can you pick the correct song after hearing just a few notes? Choose your favorite genre or try a new one. Challenge friends or play in app-based competitions.

Tenkyu. Swipe your finger to keep the ball rolling on the 3D track. Certain to keep your thinking focused, fast and nimble!