



LEGACY LEGENDS

SMALL GROUP ACTIVITY

5+ MINUTES

- Lead this quick cognitive warm up to build attention, nimbleness and self-awareness, as well as group connection.
- Select one of the TBH Legacy Legends cards. Share the name of the person described on the card with your class.
- Ask students to work together and list as many of the things that person was famous for, or their legacy, as quickly as they can.
- After a minute, share with the class the “legacy list” of the person named on the card.
- Select another TBH Legacy Legends card and repeat the activity. Continue with additional cards as time allows.
- When repeating this class, select different cards. Or ask students to take turns naming a famous person and have their classmates list the many things that person was famous for.
- Encourage distance learners to join in from home.

Hello! I’m glad we are all here for our Total Brain Health “Brain Play.” These fast-paced workouts are an important way we can keep our thinking focused, quick, and nimble.

Today’s Brain Play is “Legacy Legends.” I’ll share the name of a famous person. Then you’ll work together to list all that person was known for as well as some fun facts about that person we may know as well – a list of their legacy! We’ll have 1 minute to share that person’s “legacy list”, so we’ll have to work fast! When time is up, I’ll share the person’s “legacy list” from the card. It will be fun to see how many we come up with and compare. Then we’ll try again with another famous person. Ready?

Cut along dashed lines.

TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



ALEXANDER GRAHAM BELL

1847-1922

LEGACY LIST

- Born in Edinburgh, Scotland
- Inventor, scientist, engineer
- Mother and wife were both deaf
- Research focused on hearing and speech
- Invented first practical telephone, for which he was granted a patent
- 2nd president of the National Geographics Society
- Also known for his research in heredity and genetics
- Refused to have a telephone in his office

ARTHUR ASHE

1943-1993

LEGACY LIST

- Born in Richmond, VA
- Tennis player, civil rights activist, health activist
- Direct descendant of Amar, West African woman enslaved and brought to America in 1735
- Only black man to win three Grand Slam Titles (Wimbledon, US Open, Australian Open)
- First black player serving on the U.S. Davis Cup team
- Advocate for cardiac health and national campaign chair for the American Heart Association
- Early advocate for HIV/AIDS education after contracting HIV from a blood transfusion during cardiac bypass surgery
- Founded the Arthur Ashe Foundation for the Defeat of AIDS
- Active leader in civil rights of black persons in South Africa and Haitian refugees
- Awarded the Presidential Medal of Freedom in 1993 months after his death

HEDY LAMARR

1914-2000

LEGACY LIST

- Born in Vienna, Austria
- Actress, inventor
- Began her acting career in Austrian, German and Czech films
- Contracted to MGM where she was promoted as the “world’s most beautiful woman”
- Co-founded a new production studio out of concerns about typecasting
- Best known for playing Delilah in Cecil B. DeMille’s *Samson and Delilah*
- Awarded a star on the Hollywood Walk of Fame in 1960
- During World War II co-invented radio guidance system using frequency-hopping spread spectrum technology, used today in Bluetooth technology
- Helped Howard Hughes improve aircraft aerodynamics
- Inducted to the National Inventors Hall of Fame in 2014

MARIA TALLCHIEF

1925-2013

LEGACY LIST

- Born in Fairfax, Oklahoma
- Ballerina, Native American activist
- Member of the Osage Nation
- America’s first “prima ballerina” as well as first Native American ballerina to hold that rank
- Known for dazzling audiences with her great technical skill and passionate energy
- Danced with the Ballet Russe do Monte Carlo, New York City Ballet, Bolshoi Ballet among others
- Famed for her roles in *The Nutcracker Suite* and *The Firebird*
- Director of the Indian Council Fire Achievement Award, active with the America for Indian Opportunity
- Member of the National Women’s Hall of Fame
- Awarded Kennedy Center Honor for lifetime achievements in 1996

Cut along dashed lines.

TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



TBH
BRAIN PLAYS

**LEGACY
LEGENDS**

GAME CARDS



SHIRLEY TEMPLE BLACK

1928-2014

LEGACY LIST

- Born in Santa Monica, CA
- American child actress, singer, dancer and diplomat
- Began her film career when she was just 3 years old
- Appeared in 29 films between the ages of 3 to 10
- Film hits included *Bright Eyes*, *Heidi*, *Curly Top*
- Represented the United States as ambassador to Ghana, Czechoslovakia, and the United Nations
- Served as Chief of Protocol for the United States
- Awarded the Screen Actors Guild Life Achievement Award and the Kennedy Center Honors for lifetime achievements

TEDDY ROOSEVELT

1858-1919

LEGACY LIST

- Born in New York City
- 26th President of the United States, conservationist, historian, writer
- Served as Governor of New York, Assistant Secretary of the Navy and Vice-President of the U.S.
- During the Spanish-American War led the 1st United States Volunteer Cavalry, or "Rough Riders"
- Became president in 1901 after McKinley's assassination, youngest president on record (42 yrs old)
- Leader of progressive movement who advocated for fairness, the end of monopolies, and regulation
- Championed conservation, established the U.S. Forest Service, several national parks, forests and monuments
- Popular writer of books including *The Naval War of 1812* and *The Winning of the West*
- Awarded 1906 Nobel Prize for brokering the end of the Russo-Japanese War
- The toy "teddy bear" was invented in his honor after his refusal to shoot a captured bear

RUTH BADER GINSBURG

1933-2020

LEGACY LIST

- Born in Brooklyn, New York
- Lawyer, professor, gender equality activist, jurist and associate justice of the Supreme Court
- Worked at the Social Security Administration in Oklahoma where she was demoted when she became pregnant with her first child
- First woman to serve on law review at both Harvard and Columbia Law Schools
- Learned Swedish to co-author a book on Swedish civil procedure law
- Co-founder of the Women's Rights Project at the American Civil Liberties Union (ACLU) and the first U.S. law journal to focus exclusively on women's rights
- Appointed to the Supreme Court by President Bill Clinton in 1993
- First Jewish woman and second woman to serve on the U.S. Supreme Court
- Nicknamed "The Notorious RBG"
- Lover of opera who appeared in non-speaking roles in several performances

MAHATMA GANDHI

1869-1948

LEGACY LIST

- Born in the state of Gujarat, India
- Lawyer, civil rights activist, nonviolent resistance leader, "father" of the nation of India
- Led campaign for end of British rule, leading to Indian independence in 1947
- Studied law at the Inner Temple in London
- Lived in South Africa for 21 years before moving back to India
- Became head of the Indian National Congress in 1921 where he led campaigns to reduce poverty, expand women's rights, end "untouchability" and promote religious tolerance
- Assassinated in 1948 but a Hindi nationalist
- Known by the endearment "Bapu" meaning father or papa
- His birthday (Oct. 2nd) is commemorated worldwide as "International Day of Nonviolence"



LEGACY LEGENDS

TAKE-HOME WORKSHEET

TOTAL BRAIN HEALTH BRAIN PLAYS

Art brings meaning to people's lives and serves as a cultural tool for self-reflection and reminiscing. More specifically, portraits have been a popular method of reflecting our legacy for the eyes of future generations.

BUILD YOUR BRAIN

Compare and contrast these 2 legacy portraits from famous artists. How are they similar? Different? What feelings do the artists leave you with? Which style of painting do you prefer?



Dorothea and Francesca; *Cecilia Beaux*



Two Sisters; *Pierre-Auguste Renoir*

The Art Institute of Chicago