TOTAL BRAIN HEALTH **BRAIN PLAYS**

TAKE-HOME WORKSHEET

- Set a timer for 3 minutes.
- List as many words as you can where the word can have more than one meaning. For example, bark can be the noise a dog makes or the outer surface of a tree.
- Time's up! How many words did you list?
- Try again. This time see how quickly you can list compound words, or words that can be two separate words, such as backpack or pocketbook.

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