



EVERY PICTURE TELLS A STORY

SMALL GROUP ACTIVITY

5+ MINUTES

- Lead this quick cognitive warm up to build attention, processing speed, nimbleness and other cognitive skills, as well as group connection.
- Have students work together to create a story in response to the provided photograph prompt in just 3 minutes.
- Option to print out several copies of the photograph for students to share or to show it as a slide to the whole group.
- Option to write down the group's story on the whiteboard or flip chart.
- Encourage distance learners to join in from home. Share the class prompt on your screen.

Hello! I'm glad we are all here for our Total Brain Health "Brain Play." These fast-paced workouts are an important way we can keep our thinking focused, quick, and nimble.

Today's Brain Play is "Every Picture Tells a Story." Let's look at the photograph on the next page. Can we create a story about what we see happening in this photograph? We are going to work together and weave a whole tale, but we have just 3 minutes. We have to work fast, so let's go!

(CONTINUES NEXT PAGE)

IMAGE STORY



IMAGE STORY

